

Appendix 5: Career Development Resources on the Internet

Self-Assessment Sites

Career Key

www.careerkey.org/english

Short self-assessment measure, developed by Dr. Larry Jones, that provides users a three-letter Holland Code and information about related occupations.

Campbell Interest & Skill Survey (CISS):

www.profiler.com

Online assessment from NCS Pearson, Inc. (\$17.95). Upon payment, test-taker can view results and access CISS Career Planner online.

Keirsey Character Sorter & the Keirsey Temperament Sorter

<http://www.keirsey.com>

Online sorters provide a close estimate of the four-letter *Myers-Briggs Type Indicator* code. Used in career counseling to link personality type with career and life plans.

Sample Budget Worksheet

<http://www.soicc.state.nc.us/soicc/planning/c1b.htm>

Budget worksheet for examining a person's income and expenses, factors that may influence a person's career choices. From NC SOICC's *Career Choices User's Guide*.

Sample Self-Assessment Exercise

<http://www.soicc.state.nc.us/soicc/planning/c1.htm#SELF>

Short checklist activity. Provides users with estimated three-letter Holland Code and information on occupations with related Holland profiles. From NC SOICC's *Career Choices User's Guide*.

Self-Directed Search

<http://www.self-directed-search.com>

Personalized, online assessment (\$9.95). Developed by Dr. John Holland, vocational theorist who matched individuals with specific types of work environments. Provides three-letter Holland Code.